

# Bledsoe Brace Shoe Insert

Application Instructions CP020103 Rev. E 04/02



Council Directive 93/42/EEC  
of 14 June 1993 concerning  
Medical devices

**TOTAL LEG SUPPORT SYSTEM WITH INFINITE R.O.M. & SHORT APPLICATION TIME**

*From the family whose name means braces*



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended for patients in excess of 100 lbs (39.4 kilos). This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

**Indications:** Indicated for post-injury or post-operative application to grade 1, 2, or 3 ankle sprains, and stable or internally fixed fractures of the foot or ankle. Also indicated for treatment of stable or internally fixed fractures or fractures with bridging callous of the middle to distal tibia or fibula.

**Contraindications:** Contraindicated for unstable fractures or for fractures of the proximal tibia or fibula.

**WARNING:** Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. **If any additional pain or symptoms occur while using this device, seek medical attention.**

**Warranty:** This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.

Manufactured by:

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**For product information or questions pertaining to sales or service, please contact the national distributor in your area or the manufacturer.**

# ***Bledsoe Brace Shoe Insert Application Instructions***



**1a.** If brace is not fitted, apply by following the Bledsoe Brace Application Instructions.



**1b.** Loosen the lower calf straps.



**1c.** Open hook to pile closure on the lower calf wrap.



**1d.** Remove ankle wrap from ankle and save for possible further application (when Shoe Insert is not needed).



**2a.** Slip sock onto foot.



**2b.** Cover sock with calf wrap and secure hook to pile closure.

# ***Bledsoe Brace Shoe Insert Application Instructions***



**3a.** Loosen shoe insert forefoot strap, and detach the 2 lower straps from hook patches on the brace uprights.



**3b.** Apply shoe insert to foot.



**3c.** Fasten shoe insert forefoot strap.



**3d.** Rotate shoe insert uprights to align with the Bledsoe Brace lower hinge upright.



**4a.** Attach lower calf straps to shoe insert uprights and pass through D-rings and press back onto itself to secure.



**4b.** The final fit should look like the above picture.