

Bledsoe PFS Plantar Fasciitis Support



**Bledsoe
Brace
Systems™**



Wickable fabric draws perspiration away from skin

Breathable foam construction for greater patient comfort

Provides elastic pressure at the right location to relieve pain and promote muscle development

- **Cost effective:** simple and inexpensive way to reduce inflammation.
- **Fits any patient:** anatomically designed for proper fit and control; two sizes adjust for any size foot.
- **Promotes faster rehabilitation:** provides tension and support, allowing the patient to exercise; exercise program included with brace.
- **Fast, easy fitting:** 15-second application.
- **Patient comfort:** breathable stiff foam, wickable fabric draws perspiration away from skin.

The Bledsoe Plantar Fasciitis Support provides continuous elastic tension and pressure to reduce the pain associated with inflammation due to plantar fasciitis. Used in conjunction with Bledsoe's recommended exercise program, the PFS reduces pain, allowing the patient to strengthen the muscles of the foot, arch and lower leg, as well as stretch the Achilles tendon to provide relief and prevent future discomfort from plantar fasciitis.

How it works:

Unlike shoe inserts or non-elastic bands, the Bledsoe PFS maintains tension continuously during wear. This reduces painful inflammation and allows the patient to exercise the calf and foot muscles. Proper muscle tone will prevent future plantar fasciitis.

A Step in the Right Direction

Bledsoe PFS Plantar Fasciitis Support

Restrictions on use

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is not intended to prevent injuries or reduce or eliminate the risk of injury.

Warning

Do not leave this device in the trunk of a car on a hot day or in any place where the temperatures may exceed 150°F (65°C) for any extended period of time. This device contains latex encapsulated within the fabric. Apply the device over a sock and not directly against the skin. If any reaction, additional pain or symptoms occur while using this device, discontinue use and seek medical attention.



**Bledsoe
Brace
Systems™**

by Medical Technology, Inc.

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Indications

Indicated to help relieve pain from inflammation caused by mild to moderate plantar fasciitis by applying pressure and tension over the medial calcaneal tubercle and plantar fascia.

Contraindications

Contraindicated for patients with severe circulatory impairment or other medical conditions where the elastic band could further reduce circulation or cause problems related to excess elastic pressure.

Bledsoe PFS Plantar Fasciitis Support vs. other methods

	Bledsoe PFS	Arch Supports	Functional Orthotics	Non Elastic Devices
Provides proper pressure to irritated tissues	YES	NO — supports foot in wrong spot	NO — provides temporary support, but no pressure to desired area	NO — non stretch strap supports, but does not apply pressure
Night time therapy	YES	NO	NO	NO
Short term therapeutic use (2-4 months)	YES	NO — recommended for long-term use	NO — recommended for long-term use	YES
Bundled with recommended exercise program	YES	NO	NO	NO
Off-the-shelf model fits any foot size	YES	NO — limited to common adult foot sizes	NO — requires custom casts and special fitting	YES
Applied in 15 seconds or less	YES	N/A (simply insert into shoe)	NO — requires custom casts and special fitting	YES

Ordering Information Plantar Fasciitis Support

HCFA Code: 1902

	Shoe Size:			PFS		PFS ten pack	
	Men	Women	Euro	Left	Right	Left	Right
Small	(0-8)	[0-8.5]	[29-40]	ES007103	ES007203	ES008103	ES008203
Large	(8.5+)	[9+]	[41+]	ES007107	ES007207	ES008107	ES008207

Bledsoe limited warranty

This device is warranted to be free from defects in material and workmanship for a period of 60 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.



For more detailed information on this brace including fitting and adjustment instructions, visit our Web site: www.bledsoebrace.com

For product information or questions pertaining to sales or service, please contact the national distributor in your area or Bledsoe Brace Systems.

