



**Bledsoe  
Brace  
Systems™**

## Bledsoe SideKick Ankle Brace



**Not just a  
support**



- **Anchors to the shoe:** Allows the shoe to control the foot, while the remainder of the brace controls the lower leg. It can be quickly removed and changed to another shoe.
- **Availability:** The Bledsoe SideKick is available in left and right and comes in two sizes (small and large).
- **Lightweight and comfortable:** Lightweight, ultra-strong construction is adjustable for height, in quarter inch (6mm) increments, and position in the shoe.
- **Long life:** The entire brace can be disassembled and the wear components changed for a long life.
- **Stabilization:** Inversion and eversion control are stabilized without restricting plantar-flexion or dorsi-flexion of the ankle.

**The Bledsoe SideKick Ankle Brace** is a single upright functional ankle brace unlike any ankle brace or support on the market. Made of aerospace super alloy aluminum, the SideKick Ankle Brace features control for chronic ankle instabilities or early rehabilitation of acute ankle sprains where ankle plantar-flexion and dorsi-flexion is permissible.

# Bledsoe SideKick Ankle Brace

## Restrictions on use

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient. This device is generally not intended for patients in excess of 250 lbs. (114 kg). This device is not intended to prevent injuries or reduce or eliminate the risk of injury.

## Warning

Do not leave this device in the trunk of a car on a hot day or in any place where the temperatures may exceed 150°F (65°C) for any extended period of time. If any additional pain or symptoms occur while using this device, discontinue use and seek medical attention.



**Bledsoe  
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by Medical Technology, Inc.

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## Indications

Indicated to increase support in the inversion and eversion control of chronically unstable ankles, and for increased inversion and eversion control for grade 1 and 2 acutely sprained ankles where dorsi-flexion and plantar-flexion is permissible and inflammation is under control.

## Contraindications

Contraindicated for immediate application to acute grade 3 ankle sprains where plantar-flexion and dorsi-flexion is not desirable or permissible. Application is appropriate after inflammation has been controlled and plantar-flexion and dorsi-flexion is again possible starting in the early weight bearing phase of rehabilitation.

## Bledsoe SideKick Ankle Brace vs. other brands

| Bledsoe SideKick Ankle Brace  | Others  |
|---|---|
| Bledsoe Brace Systems sells the only true functional ankle brace that attaches to the shoe for total ankle control. | There is nothing on the market that compares to the Bledsoe SideKick Ankle Brace. |

## Ordering Information SideKick Ankle Brace

| Standard Size Part Numbers |          |          |
|----------------------------|----------|----------|
| Size                       | Left     | Right    |
| Small                      | AS002413 | AS002423 |
| Large                      | AS002417 | AS002427 |

| Options & Accessories |          |           |          |
|-----------------------|----------|-----------|----------|
| Pad Kit               |          | Strap Kit |          |
| Size                  | Left     | Right     |          |
| Small                 | AS007513 | AS007523  | AS006603 |
| Large                 | AS007517 | AS007527  | AS006603 |

Size must be determined from the Measuring Device (Displayed on last page of Application Instructions and to the right.) **Note:** If the Measuring Device is not available, measure height of inner ankle bone from the floor to the point which protrudes the most on the side. Make sure to stand on a hard flat surface (without a shoe) when taking this measurement. Measure patient to the nearest 1/4" (6mm), indicate left or right, and the height of inner ankle bone.

## Bledsoe limited warranty

This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect.



For more detailed information on this brace including fitting and adjustment instructions, visit our Web site: [www.bledsoebrace.com](http://www.bledsoebrace.com)

**For product information or questions pertaining to sales or service, please contact the sales representative in your area or Bledsoe Brace Systems.**

